

Independent Living Communities

Independent Living Communities are designed to enable independent seniors to enjoy a lifestyle filled with recreational and social activities amongst other seniors. They are designed for older adults who can live without the assistance of others. Many seniors choose to live independently in senior housing without all the chores that go along with owning a home. Any housing arrangement designed exclusively for seniors (generally those age 55+; in some cases the age requirement is 62+) may be classified as an Independent Living community.

Independent Living for seniors is also known as:

- Retirement Communities
- Retirement Homes
- Senior Apartments
- Senior Housing
- Assisted Living Communities

This type of living arrangement is not licensed by the Health Division, and there is no oversight of services provided. However, some of these communities offer areas for both independent apartments and licensed services. In this instance, the community is required by law to post a notice informing consumers about the location of the different areas and the services available in each part of the facility.

Payment Options: Usually private pay
Regulatory oversight: None*

*Some facilities may offer licensed sections which the State Health Division regulates.

Homes for Individual Residential Care

A home for individual residential care provides assistance and limited supervision for no more than two elderly or disabled individuals. The services offered are dependent upon the qualifications of the provider. Consumers should confirm the provider has the necessary qualifications to meet their individual needs prior to admission. These facilities may provide help with activities of daily living such as bathing and grooming and/or medical care and therapies.

Payment Options: Private pay
Regulatory oversight: State Health Division

Residential Facilities for Groups

A residential facility for groups, better known as a group home or assisted living facility, provides assistance and limited supervision for three or more elderly or disabled individuals. They offer assistance with the things people do every day, such as bathing, getting dressed, taking medicine, cooking, housekeeping, laundry and ambulation. An individual with certain medical conditions or needs may live in these facilities depending on the qualifications of staff and the abilities of the resident.

Some of these facilities have special designations and specially trained staff which allow them to care for individuals diagnosed with dementia, including Alzheimer's disease.

Payment Options: Private pay
Medicaid
Regulatory oversight: State Health Division

Nursing Facilities and Intermediate Care Facilities

A nursing facility or an intermediate care facility provides medical supervision for individuals with chronic conditions who are unable to live independently but do not need constant nursing care. Assistance with getting in and out of bed, bathing, dressing, using the bathroom and taking medications is provided.

Payment Options: Private pay
Medicaid
Regulatory oversight: State Health Division

Skilled Nursing Facilities

A skilled nursing facility provides continuous medical care as prescribed by an individual's physician. These facilities care for individuals who need 24-hour nursing care and who may have complex medical needs such as skilled rehabilitation services, intravenous therapy (i.e. IV therapy), wound care or treatment for infections. A skilled nursing facility could also be part of a hospital.

Payment Options: Private pay
Medicaid
Medicare
Veteran's benefits
Regulatory oversight: State Health Division



Many of the housing options and services listed in this brochure are licensed entities.

Information regarding regulatory oversight and regulatory violations may be obtained by contacting the Nevada State Health Division as follows:

Bureau of Health Care Quality and Compliance

Carson City Office

1550 East College Parkway, Suite 158
Carson City, Nevada 89706
(775) 687-4475

Las Vegas Office

4220 S. Maryland Pkwy. Ste. 810, Bldg. D
Las Vegas, Nevada 89119
(702) 486-6515

The Bureau's website may be accessed through the Nevada State Health Division at <http://health.nv.gov>



Aging and Disability Services Division

Administrative Offices

3416 Goni Road, D-132
Carson City, Nevada 89706
(775) 687-4210

Elko Regional Office

1010 Ruby Vista Drive, Suite 104
Elko, Nevada 89801
(775) 738-1966

Las Vegas Regional Office

1860 East Sahara Avenue
Las Vegas, Nevada 89104
(702) 486-3545

Reno Regional Office

445 Apple St., Suite 104
Reno, Nevada 89502
(775) 688-2964

Long Term Care Housing Options for Nevada Seniors



The following information is intended to be used as a basic guide to seniors when making choices about their living arrangements in Nevada. The brief description accompanying each category may help you figure out what's right for you or your loved one. Please keep in mind you must contact individual establishments in order to determine whether they offer the specific services you seek, as not all providers offer the same amenities and services.

For information regarding services available to seniors wanting to stay at home, please visit the following website: www.nvaging.net or call your local Aging and Disability Services Division office listed on the back of this brochure.